A COMPANION GUIDE FOR YOUR MEDICATION ABORTION



Talk with your healthcare provider. Before you take MIFEPREX, you should read the Medication Guide and you and your healthcare provider should discuss the benefits and risks of your using MIFEPREX.



IS MIFEPREX RIGHT FOR ME?

MIFEPREX allows you to act early-up to 70 days (10 weeks) of pregnancy, and cannot be used in cases of confirmed or suspected ectopic pregnancy (a pregnancy outside the uterus) as MIFEPREX is not effective for terminating those pregnancies. If you are using an IUD (intrauterine device or system), it must be taken out before you take MIFEPREX. Talk to your healthcare provider about whether MIFEPREX is the right choice for you. And be sure to tell your provider if you're taking any other medications. For a full list of reasons why MIFEPREX may not be right for you, please review the accompanying Medication Guide.

COUNSELING & SUPPORT

Choosing MIFEPREX for a medication abortion offers you a more private option than surgical abortion, with support and counseling readily available throughout the process. You are not alone and it is common to seek additional support both during and after your medication abortion. If you have questions or would like additional informational resources, speak to your healthcare provider; they can help guide you through the process and will work with you to discuss what type of support options will work best for you.

PLANNING FOR YOUR MEDICATION ABORTION WITH MIFEPREX:

Your healthcare provider will ask you to read and sign the Patient Agreement and give you a Medication Guide, instructions, and contact information. Your provider will instruct you on how to take MIFEPREX and discuss an appropriate location for you to take the misoprostol tablets. You will be given 1 tablet of MIFEPREX and four misoprostol tablets; your provider may give you a prescription for you to get them at a pharmacy.



TAKE 1 MIFEPREX TABLET BY MOUTH



NOTE THE DATE AND TIME YOU TAKE MIFEPREX:____



24-48 HOURS AFTER TAKING MIFEPREX

Place 2 misoprostol tablets (4 tablets total) in each cheek for 30 minutes and swallow anything left over with a drink of water or another liquid.

Within 2–24 hours you can expect cramping and bleeding followed by spotting, which may last several days.



NOTE THE DATE AND TIME YOU TAKE THE MISOPROSTOL TABLETS: _____



It is very important that you follow up with your health care provider to make sure that you are well and no longer pregnant. MIFEPREX is very effective at ending early pregnancy, about 2 to 7 out of 100 women will need a follow-up surgical procedure to complete the process of ending their pregnancy or to stop bleeding.

NOTE YOUR FOLLOW-UP SCHEDULE WITH YOUR HEALTHCARE PROVIDER:

You can become pregnant again right after your pregnancy ends. If you do not want to become pregnant again, talk with your healthcare provider. They can discuss options and work with you choose the best contraceptive method for you.





See below for symptoms that require immediate medical attention.

CONTACT YOUR HEALTHCARE PROVIDER PROMPTLY IF YOU EXPERIENCE ANY OF THE FOLLOWING:

HEAVY BLEEDING: Enough to soak through 2 thick full-size sanitary pads per hour for 2 consecutive hours or you are concerned about heavy bleeding.



Less than four-inch stain on maxi pad

Saturated maxi pad within one hour.

LIGHT AMOUNT:

HEAVY AMOUNT:

within one hour.

HOW MUCH ARE YOU BLEEDING?



SCANT AMOUNT:

Blood only on tissue when wiped or less than one-inch stain on maxi pad within one hour.



MODERATE AMOUNT:

Less than six-inch stain on maxi pad within one hour.



ABDOMINAL PAIN

OR "FEELING SICK": Including weakness, nausea, vomiting, or diarrhea, with or without fever, more than 24 hours after taking misoprostol. These symptoms maybe a sign of a serious infection or another problem (including an ectopic pregnancy, a pregnancy outside the womb).



FEVER: In the days after treatment you have a fever of 100.4°F or higher, that lasts for more than 4 hours. Fever may be a symptom of a serious infection or another problem.

IF YOU CANNOT REACH YOUR HEALTHCARE PROVIDER, GO TO THE NEAREST HOSPITAL EMERGENCY ROOM.



NEED MORE INFORMATION?

If you have more questions about MIFEPREX, medication abortion, what to expect, or your experience following treatment, contact your healthcare provider.

MY HEALTHCARE PROVIDER: _____

PHONE NUMBER: _____

"I liked the privacy of this procedure during a difficult time."

"I chose Mifeprex because I wanted to avoid surgery if possible."

"Mifeprex has been used by more than 5 million U.S. patients. Like us."

WHERE DO I GET MORE INFORMATION?

To learn more about Mifeprex, please call our 24-hour hotline at:

1-877-4-EARLY OPTION (1-877-432-7596)

Or visit: www.earlyoptionpill.com

